

Dos Picos Regional Park



County of San Diego
Department of
Parks and Recreation

Reservations:

2454 Heritage Park Row
Old Town San Diego, CA 92110

San Diego County (Toll Free) (877) 565-3600

Outside San Diego County (858) 565-3600

Information: (858) 694-3049

www.sdparcs.org

Welcome to Dos Picos Regional Park

Two words characterize Dos Picos Regional Park: oaks and mountains. Its name, Spanish for “two peaks,” is derived from two prominent mountains nearby. In the shelter of these mountains, the small valley harbors a park filled with oak trees, some of them up to 300 years old. Dos Picos is surrounded by ranchland and steep rocky slopes, which help preserve its secluded atmosphere. The peaceful, shady park is particularly well-suited for campers and picnickers. It is located 46 miles northeast of San Diego.



The First Inhabitants

Twentieth-century visitors have enjoyed Dos Picos for two decades, but they are by no means the first to be attracted to the area. Native Americans were living here 7000 years ago, lured by the abundant oak trees. These people, the Ipai, gathered their food from what nature provided — in this case a bountiful supply of acorns. Meal ground from these acorns was a staple of their diet.

Modern Residents

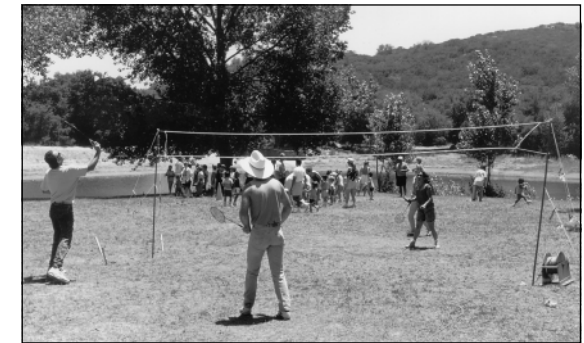
Dos Picos was home to much animal and plant life back then, and — fortunately for us — it has remained a natural haven. Coyote, fox, possum, skunk, and raccoon are all seen in the park. The wide range of habitats supports a large number of birds. Great blue herons, great egrets, and several species of ducks can be found on the pond. The oaks are home to red-shouldered hawks, woodpeckers, scrub jays, and western bluebirds, among others. California quail are afoot in the early mornings, while the evening skies are filled with the sounds of resident barn, screech, and great horned owls.

Not all the winged creatures are birds: many butterflies and moths live in or pass through the park. Especially interesting is the

huge cecropia moth. This colorful member of the silkworm family feeds at night on the native ceanothus, or California lilac.

Supporting the abundant wildlife is a mixture of chaparral, open grassland, and oak woodland. Coast live oak is the predominant tree, although Engelmann oaks occur throughout the park. The chaparral consists of scrub oak, California buckwheat, chamise, manzanita, ceanothus, and white and black sage.

Visitors often remark on the huge boulders that dot the hillsides. These were formed when the granitic rock that makes up the mountains was brought to the surface by movements of the earth’s crust. Over eons, exposure to the wind and rain has worn the granite to its present configuration.


















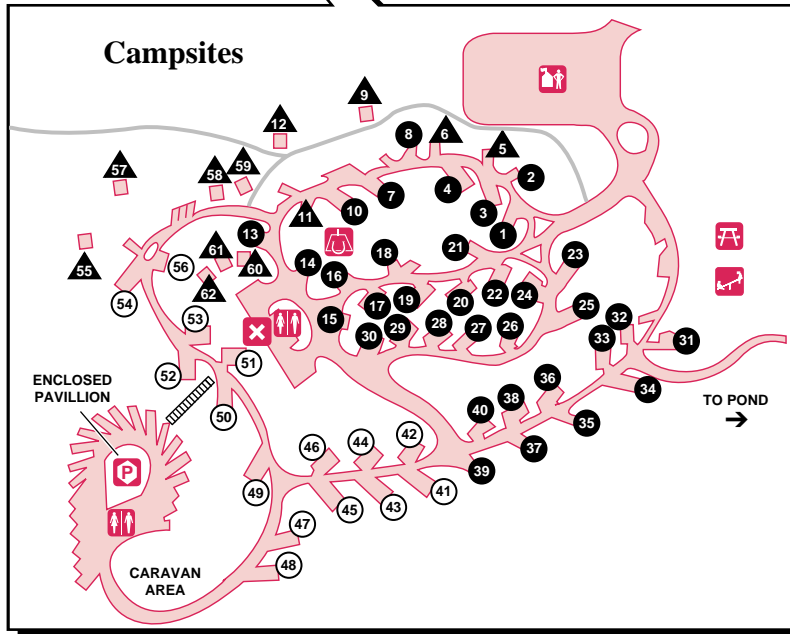
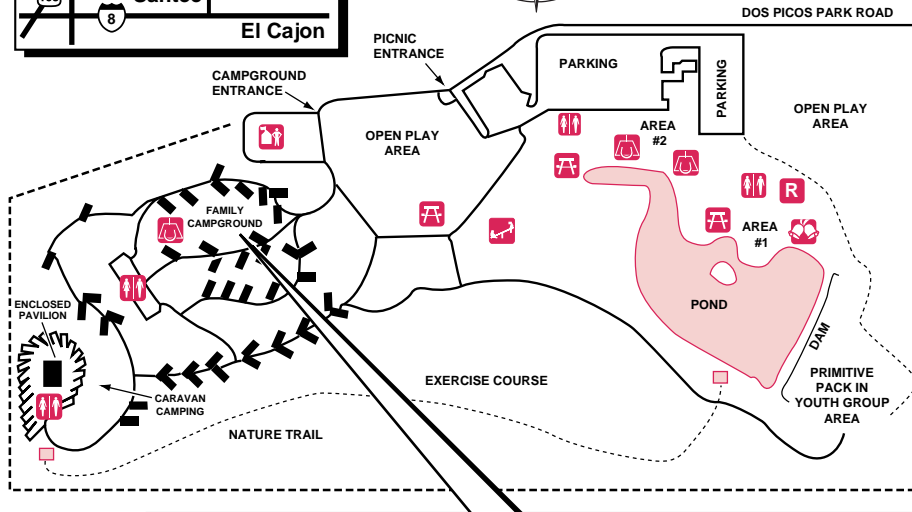
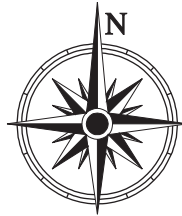
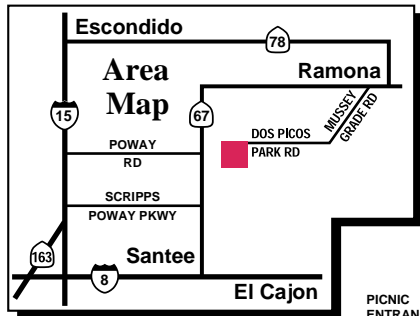
Facilities

Dos Picos Regional Park was designed for campers and picnickers. Each campsite and picnic bench is fitted into the 78-acre area as naturally as possible. Tent sites, RV sites with partial hookups, and a caravan area offer alternatives for overnight stays. A holding tank disposal station and hot showers are additional amenities for campers. Visitors will enjoy the nature trail, horseshoe pits, play areas, and soccer field. Anglers might visit Lake Poway or Lake Sutherland, both a short distance away. Hikers often visit nearby Mt. Woodson. In the town of Ramona are the Guy B. Woodward Museum and Collier Park. The world-famous Wild Animal Park is 30 minutes away.

Dos Picos Regional Park

Legend

-  Ranger Station
-  Rest Rooms
-  Picnic Area
-  Horseshoe Pit
-  Playground
-  Dump Station
-  Ramada
-  Wedding/Reception Area
-  Hiking Trails
-  Park Boundaries
-  Reservable RV Sites
-  Reservable Tent Sites
-  First Come-First Served RV Sites
-  Creek
-  Enclosed Pavillion



PARK REGULATIONS

FIRES: Must be confined to existing stoves or fire rings.

PETS: Pets are permitted if they are properly restrained and under the control of the owner. Dogs must be licensed, restrained on a leash not longer than six feet, and attended at all times. Sorry, pets are not permitted on hiking trails.

WASTE WATER: Please dispose of all waste water in an approved dump station, never on the ground.

VEGETATION AND NATURAL FEATURES: All plants, animals, natural features, and archaeological resources are fully protected and may not be damaged, injured, or removed. Please check with your ranger for firewood — he or she generally has a supply to sell for campfires. Please do not gather it from within the park.

TREES: Do not tie or hang ropes, wire, or tents to trees. Do not drive nails, screws, or staples into trees.

GENERATORS: Use of generators is prohibited.

NOISE: To insure each park guest's pleasure and peace, quiet hours are from 10:00 p.m. to 8:00 a.m. Of course, excessive noise or loud music are discouraged at all times.

FIREARMS AND WEAPONS: Firearms, fireworks, and weapons are not permitted in County Parks.

YOUTH: All persons under 18 years of age must be accompanied by a legally responsible adult with medical authorization for each child while camping in the park.

ALCOHOLIC BEVERAGES: Alcoholic beverages are permitted providing the alcohol content does not exceed 20%.

CHECKOUT TIME: 2:00 p.m.

NOTE: Residence in the park is contingent upon guests maintaining their immediate camping area in a safe and clean condition and complying with all park rules. Failure to comply will result in a suspension of camping privileges and loss of prepaid fees.

